**Patricia Clark – Hypothyroidism**

**Overview:**  
Patricia Clark is a 47-year-old librarian with hypothyroidism. She experiences fatigue and weight gain due to an underactive thyroid. She lives at 890 Willow Lane, Northfield, NJ, 07050. Contact number: (555) 890-1234.

**Medical History:**

* **Past Medical History:** Diagnosed with hypothyroidism at age 40. Developed high cholesterol 2 years ago.
* **Surgical History:** None.
* **Family Medical History:** Mother had hypothyroidism; father had high cholesterol.
* **Allergies:** Allergic to iodine.
* **Medications:** Takes levothyroxine and statins.
* **Lifestyle:** Follows a low-fat diet, exercises moderately, and is a non-smoker.

**Previous Doctors:**  
Dr. Jennifer Collins, an endocrinologist, manages her hypothyroidism and cholesterol levels. Dr. Brian Wilson, her primary care physician, monitors her overall health.

**Symptoms:**  
Patricia experiences fatigue, weight gain, and occasional constipation. Symptoms are managed with medication and lifestyle adjustments.

**Diagnosis:**  
Hypothyroidism was diagnosed through blood tests showing elevated thyroid-stimulating hormone (TSH) levels and low thyroid hormone levels.

**Treatment:**  
Treatment includes daily use of levothyroxine and statins, with regular monitoring of thyroid and cholesterol levels.